



Adventures THROUGH GRIEF

Are you working through grief or loss?
Have you lost a loved one? **Join us.**

Tap into your creativity, build interpersonal skills, and learn to train your dragons through our new tabletop roleplaying game-based *Adventures Through Grief* program. Our Grief Counselors and Music Therapists will take on the role of Game Master to guide you on the task of navigating life after losing a loved one.



Anyone age 13-17 and 18-24,
no TRPG experience required



12 sessions, monthly
Starting in January 2023



333 West Cork Street, 2FL
Winchester, VA
Or via Zoom



Free



To register, email griefsupport@blueridgehospice.org,
call **540-313-9214**, or visit www.brhospice.org/register

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